

Remembering Names 101

by Doug Fields

Training Notes

Truth: very few people are good at remembering names.

Challenge: practice the discipline of learning names.

Ideas:

- Put your money where your memory is
- Try the pride challenge
- Write names down immediately
- Facebook and/or photo stalking
- Say their name quickly and repeat it often
- Connect a name with a rhyme or image
- Pray for the kids in your group... by name.

The power of eye contact

Reflection questions:

To get the most out of your online video experience we encourage you to take some time to answer the following questions:

- Rate (scale of 1-5) how much it bothers you when someone forgets your name.
- Why is your name valuable to you?
- What are your default phrases you use to pretend you remember names?
- Why is remembering names an important skill for a youth worker to develop?
- What—if anything—did you agree and/or disagree with that Doug said?



If you'd like to receive a DYMU certificate at the end of this course, be sure to answer the questions online.

Talk it over:

- Consider sharing what you've learned with others.
- Process this information with another leader on your team.
- Write out specific questions you want to ask someone on your leadership team.
- Leave a comment in the space below the video window and engage with other DYMU participants.



ABOUT THE AUTHOR

Doug Fields

Doug Fields is most well known for his longevity in youth ministry (30+ years as a youth pastor) and the award-winning book Purpose Driven Youth Ministry—which is a youth ministry textbook translated in over 20 languages and used all over the world. He's also the author of 60+ books, including Your First 2 Years in Youth Ministry and Speaking To Teenagers. He's the co-founder of DownloadYouthMinistry.com where he currently spends his time creating resources like this for people like you.